

Patient's Name \_\_\_\_\_ DoB \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Seen with:  Mth.  Fth.  Other \_\_\_\_\_ Chart No. \_\_\_\_\_

## Physical Exam

Normal  Abnormal

Circle and describe all abnormal and pertinent normal findings.

1.  **Constitutional** Temp. \_\_\_\_\_ Resp. \_\_\_\_\_ B.P. \_\_\_\_\_ / \_\_\_\_\_  
Looks Ill: 1+, 2+, 3+ Hydration  NL  ABN
2.  **Head** shape, size, defects
- Face** appearance, birthmarks, scars, defects, tender sinuses
3.  **Neck** appearance, asymmetry, swelling, masses; thyroid abn.
4.  **Eyes** appears to see, swelling, redness, drainage, (clear, purulent); fundi
5.  **Ears** appears to hear, shape, size, defects,
  - a. rtm red, dull, thickened, ↓ mobility, retracted, bulging fluid (ser., pur.), perforated, scarred, tube (in, out)
  - b. ltm red, dull, thickened, ↓ mobility, retracted, bulging fluid (ser., pur.), perforated, scarred, tube (in, out)
  - c. ext. canal cerumen, swelling, tenderness, drainage (ser., pur.)
- Nose** nasal mucosa, redness, swelling, drainage (mucoid, pur.)
- Mouth** lips, mucosa, teeth, gums: redness, swelling, ulcers
- Throat** palate, uvula, pharynx: redness, swelling, drainage enlarged 1+, 2+, 3+, 4+, exudate, petechiae, scarred
  - a. tonsils
6.  **Chest (Breasts)** nipple discharge; redness, swelling, tenderness
7.  **Respiratory** (R or L) ↑ effort, wheezes, rales, ↓ breath sounds, dull
8.  **Cardiovascular** p.m.i., pulses, tachycardia, rate, rhythm, murmurs, cyanosis
9.  **Abdomen** liver, spleen, distention, scars, tender, bowel sounds, masses;
10.  **Gastrointestinal** hernias, anus: fissures; rectum: masses, blood, trauma
11.  **Genitalia** discharge, lesions, trauma
  - Groin** tenderness, hernia, masses
  - Buttocks** skin: rashes, defects; muscle: tenderness, swelling
12.  **Genitourinary** bladder distention; urethra: discharge, defects, trauma
13.  **Hematologic** petechiae, bruises
  - Lymphatic** enlarged lymphnodes: neck, axilla, groin, other
14.  **Integumentary** hair, nails, skin: rashes, birthmark, defects, infections
15.  **Back (spine)** hair tuft, skin dimple, scoliosis, tenderness, tightness
16.  **Musculoskeletal** **lower extremities:** hips, pelvis, knees, ankles, feet
  - a. muscles tenderness, swelling, weakness, defects, atrophy
  - b. bones / joints ↓ range of motion, tender., swelling, fluid, defects
17.  **Musculoskeletal** **upper extremities:** neck, shoulder, elbows, wrists, hands
  - a. muscles tenderness, swelling, weakness, defects, atrophy
  - b. bones / joints ↓ range of motion, stability, tender., swelling, fluid, defects
18.  **Neurologic** gait, cranial nerves, DTR's, path. reflexes; sensation
19.  **Psychiatric** behavior, alertness, attentiveness, mood

## Abnormalities (cont'd)

**Impression**  Normal Exam.

**Procedures**  Consults, lab/x-rays, special studies, and reports reviewed.

Immun. Current?  CBC \_\_\_\_\_  Pk Flow \_\_\_\_\_  
 Yes  No  Urine \_\_\_\_\_  Pulse Ox \_\_\_\_\_  
 Quick Strep \_\_\_\_\_  Special Studies \_\_\_\_\_

**Drug Allergies**  Yes  No

**Plan/Treatment**  Basic instructions given; parent seemed to understand.  
 Ed. Handouts

## Abnormalities

Call:  24 hrs.  48 hrs., prn  Follow-up \_\_\_\_\_  
Disposition:  Home  Referral  Admitted  
Condition:  Unchanged  Improved  Stable  Worse  
Amount of time spent face to face (when using time based coding) \_\_\_\_\_

Provider's Signature \_\_\_\_\_ Date \_\_\_\_\_